

# Strawberry Infused Water

## Branch Area Careers Center



### Ingredients

1 blood orange, or navel  
4 strawberries  
12 fluid oz. Berry LaCroix

### Directions

Wash the fruit, hull strawberries.

Put the juice of the orange and all but two of the strawberries in a blender, blend until smooth.

Strain if desired.

Pour into 2 glasses, add LaCroix, mix.  
Garnish with remaining strawberries.  
Enjoy!

### Nutritional Information

Calories per serving

Total Fat

Saturated Fat

Cholesterol

Sodium

Total Carbohydrates

Dietary Fiber

Protein

### Servings 2

27

0

0

0

4mg

7g

2g

1g